

WARNING SIGNS of ALCOHOL or OTHER DRUG ABUSE

1. Change in school grades or school behavior.
2. Blaming others-not accepting responsibility of their actions.
3. Increase in physical aggression and verbal confrontation.
4. Associating with high-risk peer group (smoking, drinking, drugging, and sexually acting out.)
5. Change in sleeping/eating habits.
6. Lack of respect for adult authority-i.e.- teachers, parents, law enforcement.
7. Too secretive or boastful of their activities.
8. Unable to set goals and follow through toward success.
9. Dishonest when confronted about activities.
10. Self-mutilation in any form -i.e. - cutting on self, burning self, tattooing, threatening suicide.
11. Lack of remorse.